



KEYNOTES | WORKSHOPS | RESIDENCIES

who I am & what I do

My name is Caroline Rothstein. I am an internationally touring and award-winning writer, poet, performer, educator, speaker, consultant, and documentary filmmaker. I offer customized keynotes, workshops, spoken word poetry performances, and artist residencies to meet your community's specific desires and needs.

I believe that by giving ourselves and each other permission to honor, live, and share our stories and truths unfiltered, unabashed, and unashamed, we can empower each other to embrace self-love and authenticity. I believe that this is a direct pathway to co-creating a world rooted in belonging, connection, and healing for all.

services & programming includes:

- I use storytelling, personal narrative, art, and lived experience for keynotes, workshops, trainings, and residencies, as well as a harm-reduction, healing-informed, and anti-bias lens.
- I provide actionable tools and strategies for cultivating the desired skills.
- I customize and tailor content to specifically meet your organization / community's specific needs.
- All keynotes, workshops, and residencies are interactive and directly responsive to the space in advance and in real time.
- Programming can cater to any/all ages, as well as any/all group sizes.

topics & areas of expertise:

- Addressing Antisemitism
- Belonging & Inclusion
- Body Image
- Building a Social Justice Lens
- Cultivating Consent
- Gender Equity
- Grief & Loss
- Emotional Resilience
- Empowerment
- Finding Your Voice
- Having Hard Conversations
- Implicit/Unconscious Bias
- Leadership
- Mental Wellness
- Professional Development
- Public Speaking
- Sharing Your Story



[Click to watch Caroline perform.](#)

for more information, visit:
www.carolinerothstein.com/bookings