

what I do & why

My name is Caroline Rothstein. I am an internationally touring and award-winning writer, poet, performer, educator, speaker, consultant, and documentary filmmaker. Since October 7, 2023, I have been supporting communities of all ages and backgrounds ranging from shared to divergent experiences and ideologies as we process what has been happening in Israel, Gaza, the West Bank, and the broader Middle East.

I believe that building bridges, rather than burning them, can help us to co-create a pathway towards deeper connection, allowing us to galvanize our resiliences, rather than further fracture our spirits. We can build a future Jewish community that is stronger, more expansive, and more capable of thriving in a changing world.

services & programming includes:

- I use storytelling, personal narrative, art, and lived experience for keynotes, workshops, trainings, and residencies, as well as a harmreduction, healing-informed, and anti-bias lens.
- I customize and tailor content to specifically meet your organization / community's needs.
- I provide actionable tools and strategies for cultivating the desired skills.
- All keynotes, workshops, and residences are interactive and directly responsive to the space in advance and in real time.
- Programming can cater to any/all ages, as well as any/all group sizes.

topics & areas of expertise:

- Addressing Antisemitism
- Belonging & Inclusion
- · Body Image
- Building a Social Justice Lens
- Cultivating Consent
- Gender Equity
- Grief & Loss
- Emotional Resilience
- Empowerment
- Finding Your Voice
- Having Hard Conversations
- Implicit/Unconscious Bias
- Leadership
- Mental Wellness
- Professional Development
- Public Speaking
- Sharing Your Story

for more information, visit: www.carolinerothtein.com/bookings